

I Claim:

13. A framing system for adjustably connecting building components comprising:

an outer stud, and

an interior support member, wherein

said outer stud includes a web from which two flanges extend perpendicularly,

said web having at least a first elevation and a second elevation,

said second elevation of said web located between said flanges,

said interior support member having an inner surface capable of being substantially flush with said second elevation of said web,

an attachment device for securing said inner surface and said second elevation together, and

said inner surface having bracing arms extending therefrom toward said flanges, for engaging said flanges.